

Permaculture Design Checklist - Design 7 - Herbaculture CIC

Design framework	ACTION LEARNING CYCLE NOV17
PERMACULTURE PRINCIPLES	
Observe and interact	Herbaculture started in 2006 and I finally feel (as I am with getting the diploma written) that my ideas are coming to fruition. I notice that this gives me power for a renewed vigour in my life. I feel good about the social enterprise aspects of herbaculture being in keeping with my values.
Catch and store energy	Writing this diploma is in effect catching and stopring the energy of the herbaculture CIC idea that ws kick started by the SSE grant and support.
Obtain a yield	The yield here will be financial when I get paid to deliver the herbaculture services. Also the benefit to people and I must make sure that the yield is recorded. This could mean getting data or before and after photos.
Apply self-regulation and accept feedback	This will apply directly to the mentor process and action learning guild of fellow SSE students where we will help each other with feedback. I also need to acknowledge what I am attracted to, what blocks I face and whether to label myself scared or lazy when I have thoughts such as “am I good enough to do this?”. I can get over both obstacles but they have different solutions.
Use and value renewable re-sources and services	The dragon dreaming teachers to celebrate to renew the enthusiasm. The plants are my source of inspiration so get out there and let them renew me.
Produce no waste	designing via the diploma is helping sort out my herbaculture ideas.
Design from patterns to details	Workshop design from ideas to specifics. Learnt design lessons to inform smaller community gardens.
Integrate rather than segregate	I can also get help from others e.g. proof reading of herbaculture ideas by my partner helps share the work-load and explains what I am doing to him so he can learn more about me whilst helping with fresh eyes. win win. This could relate to encouraging mixed groups in workshops.
Use small and slow solutions	Herbaculture has been brewing along gently for any years. I still need to take time deciding the legal struc-ture, who else is involved and get pilot projects under my belt. By taking my time to start teh business admin documents I am hoping the answers and vision will be clearer.
Use and value diversity	Clients for the courses are going to be different and I think this will help them share experiences.

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Use edges and value the marginal	When I am out of my comfort zone I learn more. The communities that need herbaculture will also have other issues and health inequality, deprivation and funding can go hand in hand.
Creatively use and respond to change	Making the remit of herbaculture wide enough to accept new ideas and ways of working.
PERMACULTURE ETHICS	
Earth Care	Caring for pieces of land is in my remit with the community garden aspects of herbaculture. The gardening skills incorporated into the health awareness is earthcare.
People Care	Learning about your own health is ultimately about people care and self care.
Fair shares	the pricing decisions matter here and having non financial ways of participating. Using Corporate days to pay for community days.